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Model Shop upgrades decrease production time and lower cost

By Janaé Daniels High Mach Editor

AEDC's Model Shop recently finished a \$5.5 million new equipment upgrade that is projected to reduce production time and cost by up to 80 percent.

According to Dave Simmons, branch manager of the Model Shop, the Model Shop supports AEDC test, investment, plant and maintenance operations with precision machining, fabrication and product installation support services. There are approximately 150 machine and fabrication assets.

These machines are capable of producing machined products small enough that the average person would need a magnifier to perform certain operations or as large as 35 feet in diameter and weighing up to 40 tons. Products produced include test models, balances, stings, flexures, thrust stands probes, rakes and ducting.

"We have fabrication equipment that can bend and shape metals up to three-inch thickness and capabilities are only restricted by the size of our overhead doors and the capacity of the cranes, 40



Machinist David Taylor operates the new 80-foot vertical machining center to grind compressor blade assemblies for Plenum Evacuation System. (Photo by Bob Boswell)

tons," Simmons explained. was driving up not only the downtime." "The Model Shop assets maintenance costs but addwere aging, averaging 38 ing cost to the customer's

So a decision had to be made — do we keep the years old, and the downtime product due to continuous capabilities of the shop and

invest in new equipment or was the impact to schedule does AEDC get out of the that would be experienced

"The real concern to us

See **Upgrades**, page 3

Charles Easley has an inventive mind

By Philip Lorenz III Technical Writer

When Charles Easley graduated from high school, he already knew the military would be the gateway to the world beyond his home in Jackson, Tenn. He originally thought the Army was the way to go, but when the time came to enlist, the Air Force won out.

Easley said almost from the beginning he loved military life, especially the 12 years he spent stationed overseas while serving in the Air Force. His military career included a tour at Clark AB in the Philippines, Yokota AB, Japan and time spent in Turkey and on Shemya, an island along Alaska's Aleutian chain.

Easley, a fuels specialist with the military and now with Aerospace Testing Alliance since 2007, said being overseas was a transformative experience. From learning about different cultures, meeting people and trying new foods, he said traveling to other countries enriched his life immeasurably and provided a valuable education.

The Jackson, Tenn., native continued his travels when he joined the Air National Guard as a fuels distribution system worker in 1994. Temporary duty assignments took him to England, the United Arab Emirates, Bahrain, Iraq and Kuwait with the Tennessee Air National Guard 118th Air Wing.

Easley is among a team of approximately nine specialists at AEDC whose job it is to operate the nitrogen and bulk and test fuel farms in support of test and base support facilities. Easley and his coworkers wear many hats. They perform operator-level maintenance, place orders and receive fuel stores and cryogen products and also support airfield refueling and marshalling activities at AEDC.

Easley said a fuels specialist at a place like AEDC has their hands full making sure the right fuel and the correct combination of it is delivered to the test facilities and the infrastructure that supports the mission at Arnold.



Easley, a fuels specialist at AEDC, adjusts a valve controlling the flow of JP-8 from the fuel farm to one See Easley, page 5 of the test facilities on base. (Photo by Philip Lorenz III)



BF-1 over Naval Air Station Patuxent River, Md. (Photo by David Drais)

F-35 flies to PAX:

Similar variant engine tested at AEDC

Take-Off Vertical Landing (STOVL) aircraft, BF-1, using an F135 engine variant tested at AEDC, made its first successful test flight Nov. 15 from Dobbins Air Patuxent River, Md.

The BF-1 is powered by

A Marine F-35 Short Flight Test Engine 6 (FTE- here at AEDC in both C-1 06). Team AEDC has completed development testing and qualification testing on the same type of engine –

FTE-05. Reserve Base in Marietta, Navy project manager, FTE-Ga., to Naval Air Station 05 is the same STOVL type of engine as FTE-06. "FTE- Janaé Daniels, High Mach 05 has completed testing Editor.

and SL-3 test cells," Kelly said. "The engine recently completed Augmentor Development Testing in SL-3 and will eventually head to According to John Kelly, PAX as a flight test engine spare in support of BF-1."

Article compiled by



Santa is coming to AEDC

Santa Claus will make his annual appearance and greet hundreds of excited little ones at the annual Children's Christmas Party Sunday at the Arnold Lakeside Center from noon-4 p.m. The event is free and open to all AEDC employees (active duty military, civil service, contractors, National Guard, Reserves, retirees and their immediate families, children and grandchildren for ages 12 and under). Other activities include inflatable jump houses, a rock climbing wall, horse and carriage rides, Dolly Parton's Imagination Library, face painting, letter writing to Santa, crafts and more. (Photo by Rick Goodfriend)

HIGH MACH

Arnold Engineering Development Center An Air Force Materiel

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"ATA will be a trusted partner in delivering best value warfighter support and assert stewardship

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- Be accountable for our own actions Ensure the safety of
- individuals and equipment · Demonstrate the highest integrity and ethical
- standards · Communicate clearly and openly Deliver professional and
- technical excellence · Nurture, enable and treat
- people fairly
- · Align with customer goals and objectives
- Use disciplined and
- innovative processes
- Continually improve in all
- that we do



Core Values

· Integrity first Service before self • Excellence in all we do

Inspire someone

By Col. Michael Panarisi AEDC Commander

Welcome back!! I'm thrilled to report that everyone in Team AEDC (minus a few deer) is safely back in the saddle following our Thanksgiving holiday.

Trust me, this is no accident, and I applaud everyone's efforts in making this happen. I've been in too many organizations when this wasn't the case, and it's tragic.

freshman year at the Air Force Academy ... four Cadets died in car accidents that week. For the families, it was indescribdemoralizing.

I have one more thing to be thankful for. In the last edition, I challenged us all to take a slightly different perspective on Thanksgiving this year, and hopefully, in the time you spent reflecting on "who is on your list" you remembered someone parthis. We all have a gift. ticularly important.

Why did someone stand out? I have an idea. Maybe it's because they inspired you. Maybe they provided the "kick in the pants" you didn't know you needed. Or maybe they helped you see something in yourself show someone that you

In short, they made a difference in your life. Wasn't that amazing? So my new challenge is simple. Be that person for someone else.

My list of "someones" is undeservedly long. To say "my cup runneth over" is the understatement of from event to event. But the century. But they all through it all, take a minhad one thing in common. ute to think about a gift They cared, and I knew it. someone will cherish for

I mean I KNEW it. a lifetime. When someone truly cares about you, it's transformathe crowds, and you don't tional, and probably the need to keep a receipt. singularly distinctive trait And most of all, this is a that separates good (and not so good!) and great It doesn't cost ... it pays. leaders.

courses and read dozens of books on "leadership" and the literature is bulging with clever phrases like "situational leadership" and "leadership by maybe I'll convince you example."

Very useful, even tion one step further. thought provoking, and some of them practical. just a dear friend, a men-But here's one that doesn't tor, or a father figure to get enough press in our increasingly metric-laden meetings.

Leaders inspire. But you can't inspire anyone and remains, an amazing if they don't believe you force in my life. Though care. But when they do, he passed away years ago, you have the power to he's with me every day. unleash the talent.

a formal leadership position to show someone you care. I love this quote... "everyone is a leader ... some are leading others astray."

What's the point?



Panarisi

The point is you can I'll never forget my inspire someone without being their boss, and whether you know it or not, everything about you is on display 24-7.

Through your actions, able. For the school, it was you choose how you influence or impact the lives As the Commander, of those around you. You can choose to make that impact a positive one. If you are a movie buff, you might recall the film "Pay it Forward." If you are into commercials, who can forget "I want to be like Mike!"

So, it boils down like Share it. We all know someone who could use a hand. Give them one. And when it comes to living our lives in the fishbowl, be the one that someone else wants to emulate.

Start by caring, and you didn't know was there. care. Do this, and you will be an "inspirational leader" to someone, and for that, they will be forever grateful.

With the holiday season in full swing, I know we're all in the churn juggling work, family, shopping, and bouncing

You won't have to fight gift that keeps on giving. Inspire someone. Get on I've taken countless their list, and this will be a truly great holiday season.

For me, that "someone" was "Pat," and I'd like to share how he made a difference in my life, and to take last week's reflec-

You see, Pat was not me. He was all of that and so much more. He was truly an inspiration.

In this role, he became, Even if I wanted to, I just You don't have to be in can't seem to make a decision, execute a plan, or sift through choices without the outcome passing the "Pat test."

> To say I'm thankful for his influence is the understatement of the century.



President Barack Obama prepares for his speech about Afghanistan. (Photo courtesy of Defense Link)

President calls for more troops in Afghanistan

By Jim Garamone American Press Service

Washington – It is in America's vital national interests to send another 30,000 U.S. troops to Afghanistan, President Barack Obama said Tuesday night during a speech at West Point, N.Y.

Obama said that this surge of U.S. forces into Afghanistan will begin to ebb in July 2011 – when U.S. and NATO forces and allies begin turning over security responsibility to Afghan security forces.

"I make this decision because I am convinced that our security is at stake in Afghanistan and Pakistan," he said to the Corps of Cadets at the U.S. Military Academy. "This is the epicenter of violent extremism practiced by al-Qaida. It is from here that we were attacked on 9/11, and it is from here that new attacks are being plotted as I speak."

The United States must rise to the challenge of alextremists still operate in the and Pakistan, and still threaten America and its allies.

operate with impunity," the rity of the world." president said.

keep pressure on the terror group, and that also will mean increasing the stability and capacity of partners in the region.

The 30,000 servicemembers and their equipment will first half of 2010, Obama said. White House officials speaking on background earlier today said this will entail at least two or three Army brigade combat teams, and many soldiers and Marines to train the Afghan security forces. Air Force and Navy personnel also will be called

on to support this effort. A military counterinsurgency effort aimed at protecting the Afghan people is only one part of the strategy, the president said. The second is a civilian surge that reinforces with Pakistan.

increase Afghanistan's se- corruption and deliver for the curity capabilities over the people, he added. next 18 months, Obama said. The strategy has at its core disrupting, dismantling and defeating al-Qaida and its extremist allies as the president announced in March.

The 30,000 additional troops will target the insurgency and secure key population centers. "They will increase our ability to train competent Afghan security forces, and to partner with them so that more Afghans can get into the fight," Obama said. "And they will help create the conditions for the United States to transfer responsibility to the Afghans."

The president also will ask for international military contributions. Some nations - Britain and Australia for example - already have provided additional troops, and he expects more nations will come forward soon.

"Our friends have fought and bled and died alongside Qaida and the Taliban. The us in Afghanistan," the president said. "Now, we must border areas of Afghanistan come together to end this war successfully. For what's at stake is not simply a test of "This danger will only NATO's credibility – what's grow if the region slides at stake is the security of our backwards and al-Qaida can allies, and the common secu-

Obama used the experi-The United States and ences in Iraq as a yardstick. its international allies must Just as in Iraq, additional forces will provide the time and security needed to train local forces, thus accelerating a handover of security responsibility to Afghan forces beginning in July 2011.

"Just as we have done flow in to Afghanistan in the in Iraq, we will execute this transition responsibly, taking into account conditions on the ground," he said.

The civilian strategy will entail working with allies, international agencies and the Afghan people "to pursue a more effective civilian strategy, so that the government can take advantage of improved security,' he said.

Aid to Afghanistan must be based on performance, the president said. "The days of providing a blank check are over," he said.

Obama said Afghan positive actions, and the third President Hamid Karzai's is an effective partnership inauguration speech sent the right message. The United The military strategy is States will support Afghan aimed at reversing the Tal- ministries, governors and iban's momentum and will local leaders that combat the president said.

"We expect those who are ineffective or corrupt to be held accountable," he said. "And we will also focus our assistance in areas – such as agriculture - that can make an immediate impact in the lives of the Afghan people."

Obama stressed that the United States is not interested in occupying Afghanistan or subjugating its people.

"We will seek a partnership with Afghanistan grounded in mutual respect to isolate those who destroy; to strengthen those who build; to hasten the day when our troops will leave; and to forge a lasting friendship in which America is your partner, and never your patron," he said.

Obama stressed that the United States will not run out on Pakistan.

"We are in Afghanistan to prevent a cancer from once again spreading through that country," he said. "But this same cancer has also taken root in the border region of Pakistan. That is why we need a strategy that works on both sides of the border."

The Pakistani people were shocked by Taliban offensives that took them within 60 miles of the capital of Islamabad this year. They realize the extremists are a grave danger to the country and are addressing it. Obama praised the Pakistani military for its recent offensives in South Waziristan and Swat.

"Moving forward, we are committed to a partnership with Pakistan that is built on a foundation of mutual interests, mutual respect and mutual trust," Obama said. "We will strengthen Pakistan's capacity to target those groups that threaten our countries, and have made it clear that we cannot tolerate a safe haven for terrorists whose location is known, and whose intentions are clear."

The United States also will provide resources to support Pakistan's democracy and development.

"And going forward, the Pakistani people must know: America will remain a strong supporter of Pakistan's security and prosperity long after the guns have fallen silent, so that the great potential of its people can be unleashed,"

Smoking Policy

1. The following revised AEDC smoking policy is effective immediately. Smoking is permitted solely in designated areas identified by a plastic "smoke genie." This receptacle is for the sole purpose of cigarette butt disposal. If there is no receptacle, you cannot smoke in that area. It is the responsibility of all smokers to clean up the area surrounding the receptacles for any cigarette butts on the ground. Smoking in government-owned vehicles is strictly prohibited. Personnel are allowed to smoke in their personal vehicles at any time. In case of inclement or cold weather, employees are encouraged to use their personal vehicles if a sheltered designated smoking area is not available nearby. Smoking areas will be held to the absolute minimum and will be located in low traffic, low visibility areas away from points of building ingress/egress and air intakes. A map of all authorized smoking areas is available on the AEDC web portal at https://lipapro.arnold.af.millPORTALlimages/ Smoking area map. pdf. Smoking near a facility in an area not designated on the map is prohibited and any smoking receptacles located in areas not shown on the map will be removed. All "smoking permitted" and "no smoking" signs will be removed unless specifically required by OSHA.

The fact a person smokes has no bearing on the number of breaks they may take. Breaks should be taken in accordance with the company/agency personnel policies that apply to all employees.

2. Supervisors at every level will ensure this policy is followed. Disciplinary action is appropriate for repeated violations.

3. Updates to this policy will be made in the future to further align with Air Force guidelines. 4. This letter supercedes previous letter dated 28 October 2006, subject as above.

Regarding use of smokeless tobacco, containers of tobacco waste product, including sealed containers, must not be left unattended or disposed of in trash receptacles. Users of smokeless tobacco must flush tobacco waste down the toilet. Smokeless is strictly prohibited in conference room meetings and other areas, e.g. PMEL, where Air Force regulations specifically prohibit.

AEDC donates to warm up community children in need

By Philip Lorenz III Technical Writer

Each year, the AEDC's Top 3 Council, Air Force Sergeants Association and Aerospace Testing Alliance (ATA) strive to make a difference to local communities with fund drives and donations.

As part of this effort, the local chapter of the Top 3 Council donated coats to at risk or disadvantaged children in the surrounding communities.

the quality of these coats, but it would be too costly to insist on new ones," Master Sgt. Harold Jones, Arnold Top 3 Council's secretary and treasurer, explained. "I called around Coffee County to figure out how to best distribute the donated coats within our area. The of the population.

Coffee County Department of Children services seemed most need."

this can't solicit donations or funds, he said it seemed particularly appropriate to help the children they serve.

jackets, and they were extremely pleased and thankful," he said. "I asked when was the best time to deliver the jackets, and they told me geants Association's chapter right way because they had kids who were in need and "Naturally, we ensure going without."

> Department of Children's Services for Bedford, Coffee, Lincoln, and Moore counties, said the coats donated by AEDC and those who supported the effort positively impacted a par-

"Since our agency and no one associated with it is to be the best fit and have the allowed to solicit donations, whether you're talking about Since organizations like money, clothes or anything else, this contribution from AEDC was particularly significant," she said.

Sergeant Jones said that "I delivered 100-plus this effort wouldn't have been possible without the support of others, both on base and outside the gate.

"AFSA (Air Force Serat AEDC) has donated \$200 dollars, Wal-Mart kicked in another \$50, and the CGOs Jo Ann Bobo, with the (Company Grade Officers) collected coats during the Turkey Trot. ATA (as voted on by the Employment and Community Activities Committee) will be donating \$200 as well."

Sergeant Jones said Articularly vulnerable segment nold's enlisted Top 3 Coun- initial effort and that the another 25 to 30 new coats ing for Teens program" in



On Monday, Master Sgt. Harold Jones, AEDC Top 3 Council's secretary and treasurer, delivered more than 30 coats to Dr. Brenda Welch, the guidance counselor at Tullahoma High School, who heads up the Karing for Kids program in that community. Sergeant Jones also delivered more than 100 coats to the Coffee County Department of Children services to distribute to disadvantaged children served by that agency. Arnold's Top 3 Air Council, the local chapter of the Air Force Sergeants Association and ATA joined forces to contribute money and coats with a total value of \$2,000. (Photo provided)

cil donated \$300 for the group will also be delivering for teens through their "Kar-Tullahoma School District.

Assistant fire chief takes service to his country and community seriously

By Janaé Daniels High Mach Editor

George DeShields III, the newest AEDC assistant fire chief, can remember as a little boy watching his dad fight fires as a volunteer firefighter in Kennett Square, Pa.

"I thought it was a cool job," he explained. "Now, I know it's the best in the world. You get to help people and do well for your community whether it's actually responding to an emergency or just supporting the community in whatever they need."

In 1986, DeShields enlisted into the United States Air Force to become a firefighter.

"I joined the Air Force because I wanted to serve my country and as soon as I finished my training in Texas I was off to South Dakota to



Retired Master Sgt. George DeShields, 96th Civil Engineer Squadron firefighter at Eglin AFB, Fla., suits up to enter a burning kitchen in a multiplex housing unit June 2007. Sergeant DeShields guided the crews inside the blaze as part of his duties as the training superintendent. (Photo by Staff Sgt. Mike Meares)

begin my career as a firefighter," he said.

Throughout his 21 years of serving, DeShields says his as-

signments to Germany and Korea what I saw," he recollected. "It were his best.

"It's a toss-up between Germany and Korea. I liked Germany because I like to travel and I love being overseas learning new cultures," he explained. "I liked Korea because I was challenged. I worked in the fire department but worked in fire prevention, outside my normal realm of things, so I was learning the job and learning something new about the fire service and doing my job a different way."

DeShields visited AEDC from Eglin AFB, Fla., during a Unit Compliance Inspection in 2004. He immediately took an interest in AEDC and its working environment.

"I came as an augmentee for the inspection and really liked

was the first time I had done an inspection in the states [he did several overseas] and it was the first time I inspected an allcivilian fire department. I thought the level of professionalism and the quality of people and the way they did things – I just thought it was awesome."

He was also impressed by the way people were treated and the way the fire chief looked after his guys and the things he did for them

"I walked into the fire station and plastered down the wall was photos of department members who have been deployed to defend our country and on the other wall were plaques, pictures and High

See Chief, page 6

Upgrades from page 1

by eliminating these maties," Roger Kraft, Model Shop section manager and 30-year veteran of the Model Shop, said.

A significant portion of the work performed at the Model Shop is concurrently produced while being designed or what is known engineering.

"This means the engineer or project manager can provide some initial information and we can get the process started while awaiting the final design or specification," Kraft explained. "This also reduces cycle time significantly and helps us meet critical test and maintenance schedules."

shop's overall cycle time is anywhere from 40 to 60 days faster when compared to outsourcing. The engineer or project manager can work hand-in-hand with craft personnel, which allows them to see what the product looks like while it is being produced and tweak the requirement to ensure that the best possible product is provided.

"Without the right equipment, however, we couldn't make this happen," Kraft said.

Simmons added, "We sat down with ATA and Air Force financial folks and shared our concerns with them and the potential impact to the center that would result from the loss of this capability. We had strong advocacy from both groups."

Alan Fleenor, Air Force resource adviser, was glad to help with this initiative.

the base and they perform tasks that are vital to our test operations," Fleenor said. "When the Air Force project managers and Simmons approached me for help, I jumped at the opportunity."

at the shop as concurrent Model Shop Norman Smith is thankful to all those involved who showed interest in the Model Shop upgrades.

> "I know we have had a Simmons, the Air Force and various test customers. Without their support we would still be using machines from the past attempting to keep up with the present," Smith said.

"With the purchases of According to Kraft, the the new machines and the recent upgrades to some of the older machines, we have gained easier set-up, faster machining, better repeatability, safer work area and some capabilities we did not have before."

> The machines identified for upgrade would not only sustain the core capabilities of the Model Shop but provide new technology that would benefit the AEDC customer. This investment strategy began in fiscal year 2005 with the purchase of a new electrical discharge machine, Wire EDM, at a cost of \$360,000. Since that time, 16 new machines have been added. This includes a new 30-foot horizontal machining center and a vertical machining center.

"These machines provestment due to the ef-

"These are some of the functional manager for the AEDC Model Shop." chines and their capabili- hardest working and most Model Shop, said. "The What does it mean for sources. Not only can more their needs with us," Simunder-recognized folks on machine set up time has AEDC and its customers? been reduced by 50 percent and the time to complete the machining process has been reduced by up to 96 percent over conventional, manually operated machines."

> According to Kraft, these Inside machinist for the upgrades will not only help AEDC customers, but help the craftsmen who work on the machines on a daily

"We have always had lot of support from Dave talented craftsmen and I believe the best anywhere in the world," Kraft said. "We now have machines to compliment that talent."

> According to Numerical Control Programmers Paul Denton and Joel Gregory the machines proved to be everything that was advertised.

> "We have example after example where the new equipment has reduced costs. Parts that in the past took up to eight hours per part are now being produced in minutes," the men said.

> These machines are also helping AEDC designers to design parts on the leading edge of technology while reducing and simplifying

"We have been seeing an increase in business from other Air Force and government customers also," Jim Myers, 704th Maintenance Squadron director, said. "Many of these bases no longer have machine and fabrication facilities. We currently are producing parts for Langley and Edwards and have produced vide a short return on in- parts for the Army. We just finished a prototype part ficiency and reduction of for Edwards that if all goes maintenance costs," 2nd well could bring a signifi-Lt. Jason Lackey, Air Force cant amount of work to the

According to Simmons, these investments will enable the Model Shop to provide unmatched capabilities to AEDC and other outside

Air Force and government ers to come by and discuss aggressive customer schedules be met, the parts can be provided at a greatly reduced cost than experienced

in the past. "We invite our custom-

mons explained. "I believe that they will be pleasantly surprised at the new capabilities and the potential advantages that can now be offered by the Model Shop."

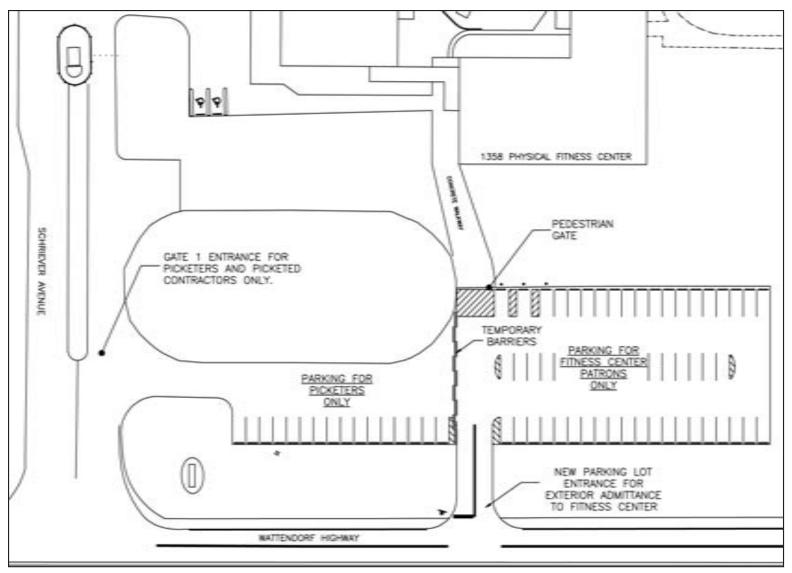


Machinist Gregg Adams operates a new milling machine to produce a part used to collect engine exhaust data. (Photos by Bob Boswell)

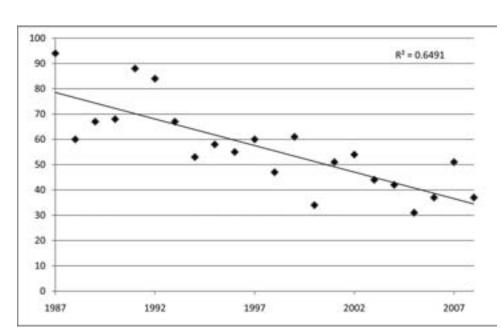


Designer Scott Wieland and Machinist Bill Hopkins observe a new electric discharge machining (EDM) in operation as it is being used to produce balances used in 16T. EDM is a manufacturing process that shapes an object by eroding the material into a specific shape with electrical discharges (sparks).

Wattendorf access to Fitness Center is now open



Wattendorf Highway access to the base Fitness Center is open. The Fitness Center parking lot has been divided into two sections (See map). Fitness Center patrons must use the new parking lot entrance from Wattendorf Highway. Use of the Gate 1 entrance is restricted to picketers and picketed contractors. Internal (mission area) customers must have a working AEDC badge with PIN as they will now need to ingress, egress through the turnstile.



Number of reported Deer Vehicle Collisions on Arnold AFB from 1987-2008. (Illustration provided)

Drivers asked to be more vigilant in reducing deer strikes

High Mach Editor

Arnold Air Force Base is currently working in partnership with the Tennessee Wildlife Resources Agency (TWRA) on new strategies to reduce the deer population and thereby reduce the number of deer vehicle

collisions (DVC). ATA Conservation Biologist John Lamb says there are two ways to reduce DVCs - reduce the deer population and increase driver awareness.

"The only feasible way to reduce deer populations is with hunting. To that end, we have a Memorandum of Agreement [MOA] which allows the TWRA to operate a State of Tennessee Wildlife Management Area on Arnold AFB property, except for the AEDC Security Area," Lamb explained. "It gives us the benefit of their expertise in dealing with the hunting public as well as saving us the expense of running the program

Lamb continued, "The deer hunts and other hunting seasons on the area are

TWRA Commission meetings. The commander reviews the proposed dates and approves or alters the dates and/or regulations to ensure no net loss of the Global Positioning System military missions from this outdoor recreation program."

Natural Resource Manager Rick McWhite, special deer-archery zones have been designated near areas with a high occurrence of even more." DVCs.

dination with TWRA in the hunters to harvest the corcurrent INRMP [Integrated rect number of deer each Natural Resources Management Plan 2007-2011 to start a deer census program to determine what the deer population is on the AEDC WMA [Wildlife Management Area]," McWhite said. "We already use a camera census method to track trends in population changes of deer within the AEDC Security Area and the Arnold Weapons Range."

McWhite says TWRA, Arnold and the University of Tennessee will test four

proposed to the Natural deer survey methods on Resources Manager at least 14,000 acres from January-90 days before scheduled March 2010 including the use of new forward looking infrared heat sensing cameras from ground and air vehicles.

"We are also putting (GPS) collars on about 20 deer to track their movements for 1 and 1/2 years," According to Air Force McWhite said. "We anticipate this data providing valuable information about deer movement patterns to reduce deer vehicle strikes

Additional help by "We set goals in coor- TWRA comes in using

> "We have created special hunts and deer sex restrictions to ensure enough female deer (called does) are harvested," McWhite explained. "Doe harvest is the key to managing the deer population. Our goal is to keep the deer herd at or below 30 deer per square mile and have less than 20 deer vehicle strikes a year." According to the Insur-

> > See **Deer**, page 7

AtHoc – What is it?

AEDC personnel requesting they establish a PIN (personal identification number) for e-mail will come from a ".com" address use with the AtHoc program.

"Once this message was received, there out the e-mail. were numerous calls to the Operations Center and Network Support questioning whether this e-mail was spam or a phishing e-mail or if it was legitimate," explained AEDC Operations Controller Ricky Bruce. "In fact, many folks just deleted the message without reading it. Their concerns are warranted based upon all the computer network security emphasis currently placed on the use of the internet and e-mail systems."

future, Bruce said it might help to explain what AtHoc is and what the system is capable of doing for the users.

"AtHoc is a network centric emergency notification system that the Operations Center uses to publish mass notifications," he said. "In other words, it is an installation warning system. It is owned by AFMC entire command for AFMC bases to use for mass notifications at their respective installations."

AtHoc is "server-based" and the system is located at Eglin AFB, Fla.

"It's very flexible and has the capability to publish alerts through a variety of means such as pop-up messages on your computer screen, e-mails, telephone calls, text messages and pages," he explained. "When alerts are received whether by popup message, e-mail or phone call, the origin of the alert will always be identified as the 'Air Force Materiel Command.""

The alert will either appear in the title line of the pop-up alert, e-mail subject line, during phone calls.

Since the system is an AFMC serverbased system used by all AFMC installations, the alert will always indicate it is from the Air Force Materiel Command even though the Arnold AFB Operations Center is publishing the alert from the Operations Center in A&E Building 100.

When an e-mail notification is received, the "From" line will state "AFMC identifying message number contained in

An example would be, AFMC [19268888_373944440@notify2.mir3.

The "Subject" line will begin with Technical Writer.

Recently, an e-mail was sent out to all "AEDC Operations Center" with the subject of the alert following. Be aware the because a server at Eglin AFB is sending

> The use of a PIN number will only be required when phone alerts are published. It is important for the Operations Center to be able to validate when an alert is received by the intended recipients.

> When a phone alert is received, you will hear the following message, "This is the Air Force Materiel Command with an important message for (insert your name).

If you are (insert your name) please To prevent this from happening in the press 1." If you press #1 on the phone key pad, you will be prompted to enter your unique PIN number, and the message will be read aloud over the phone. If you do not press #1, additional options will be read off for you to select from.

Please listen to the entire message to ensure you receive the complete alert. By using a PIN number, the system ensures and has been implemented throughout the the intended recipient has received the message and not your co-worker, family member or someone else.

To ensure the user's contact information He said it is important to understand that is current, they can access the AtHoc System by following these steps: right mouse click on the AtHoc icon (purple globe at the bottom right of your desktop display), select the "Access Self Service" option, select "My Info" tab, enter a unique PIN number in the "PIN and Confirm PIN" lines, and select "Save." While in this area, please verify your contact information is correct by selecting the "Devices" tab and enter the appropriate contact information (phone numbers / e-mail addresses) as

Please remember that the AtHoc system or will be spoken by the text to voice option is used for any notification that the AEDC Commander or ATA's General Manager deem necessary. Notifications will include weather dissemination (e.g. warnings, watches, lightning, high winds, hail, etc.), incident notifications (e.g. fires, bomb threats, force protection condition changes, active shooter, etc.), base wide and specialized team recalls, as well as general service announcements such as road closures, flag at half staff, sonic booms, etc. Additionally, Emergency Notification System" with an Base Network Control also has the capability to use the system for network notifications such as e-mail or server outages.

For more information on AtHoc, contact Emergency Notification System Rick Hoots at 454-7955, or Rickey Bruce at 454-5361.

Article compiled by Philip Lorenz III,

Have a suggestion? Send it to the ATA suggestion program

The ATA Ideas in Action Employees Suggestion program is designed to encourage employees to exercise initiative within and beyond their basic job requirements to develop suggestions that improve the performance and quality of work while achieving company objectives.

A suggestion is a written, original idea that identifies a specific problem and suggests a specific method or improvement to do any job or procedure better, quicker, easier, safer or cheaper; or to improve the

quality of services and facilitates the quality of work and life. The amount of the award an employee may receive for the idea depends on its value to ATA and the government. Awards are based on tangible and intangible benefits.

Intangible Suggestions are suggestions that involve improvement in department services, work conditions, energy savings and water conservation, changes in procedures, revision of forms, improvement in employee morale, health or safety or related improvements for which monetary values cannot be

determined. Tangible Suggestions are suggestion where a cash value can be measured. Tangible suggestions may result in savings/ avoidances in labor, materials and services, energy savings or water conservation.

The month of October produced one implemented suggestion resulting in a \$150 cost savings. Cooling tubes that carry coolant to reactor coils originate from a header block facing inside the area of each reactor coil. It's difficult for craftsmen to access the confined area to repair leaks. The suggester proposed

to unbolt the base of each reactor coil and disconnect the power supply buss and pick up each coil unit and rotate them and lower to LCI base and rebolt into place. Now the tubes are facing outside of the cabinet and can be easily repaired while standing outside of each cabinet. As a result, it is safer for craftsman to repair.

For more information on the suggestion program, log onto the AEDC Portal and click on the "ATA Suggestion Program" or contact Tina Bonner at 454-6804.



Lieutenant Meredith with one of his kills, a wildebeest, during a hunting trip in 2004 to Zimbabwe. (Photo provided)

Air Force lieutenant hopes to one day return to Africa

By Janaé Daniels High Mach Editor

Growing up the son of missionaries, 2nd Lt. Wes Meredith considers Africa his homeland.

after their Armed Forces Championship win.

Other than being born in Atlanta and going to college in Nebraska, Lieutenant Meredith has spent most of his life in Africa.

"Since I grew up there, I never had anything to compare it to. So Africa is home as far as I am concerned," he said. "I compare things to the U.S. living there, but I never compare there to living in the U.S."

Learning and living in a different culture can be difficult, but for Lieutenant Meredith, project manager in the Aerodynamic and Propulsion Test Unit, it has been an eye-opening, life-changing experience.

"The people over there are so welcoming and nice," he relationship-oriented culture in Africa. explained. "The culture is very laid back. I found it difto be doing something; everyone has to be on a schedule a strong work ethic, but you have to be able to balance it all the time.

off, everyone asked me what I was going to do," he said. "I told them I was just going to relax and they looked at me really funny."

As a fellow lieutenant, 2nd Lt. Alex Henning, Arcs project manager for the 718th Test Squadron, believes Lieutenant Meredith brings a different perspective to the anyway.

Air Force and to AEDC.

about cultural differences," Lieutenant Henning said. "At the same time, he almost has an 'outside-looking in perspective.' Since he grew up in a different nation he shares what other countries think about our lifestyle and governmental policies."

finds Lieutenant Meredith interesting and a great asset to year. the Air Force.

"What I find most interesting is that he grew up in Africa and is an avid rugby player," the captain said. "Not only is he the first person I know who plays rugby, but he's on the Air Force rugby team. That is an accomplishment and shows the amount of skill he has."

"I feel the culture in the U.S. is more materialisticall or you will get burned out," he explained. "This is just "When I got to field training and we had some time my viewpoint but it's what I have observed since being in the U.S."

> Lieutenant Meredith finds it a little ironic that he joined the military, which usually has a rigid routine and schedule, but coming from a long line of family members who were or are in the military, he decided to join the ranks

"I didn't originally want to be in the military and never "Wes grew up in Africa, so he shares interesting stories really thought about it, but I roomed with a guy at Nebraska who was in ROTC and the benefits sounded nice," he explained. "I did want to be a mechanical engineer so I thought maybe the Air Force could help me pay for school, but I never got a scholarship."

His father began at the Air Force Academy, but trans-Capt. Catercia Isaac, from the 718th Test Squadron, ferred to the University of Tennessee after his sophomore

> "This past summer my dad and I were in Colorado and we drove by the academy and he said, 'I've always thought about if I'd graduated from there," Lieutenant Meredith said recollecting the drive. "I told him I was glad he didn't stay because he wouldn't have been a missionary."

As if he didn't have enough to do with balancing ROTC Lieutenant Meredith has also experienced a more and a degree in mechanical engineering at Nebraska, Lieutenant Meredith was also in the rugby club.

"I played soccer and basketball, but I was mediocre in ficult when I got to the states at first because everyone has oriented and people live to work. I think Americans have those sports and I just liked rugby better," he said. "Rugby was really where my passion was."

> Lieutenant Meredith just finished up competition earlier this month where the team beat the U.S. Army team in the championship 34-0. During the tournament, the Air Force rugby team played a total of five games and beat their opponents by a score of 226-3. This helped them won their sixth consecutive Armed Forces Championship. They also played against the Royal Australian Air Force and beat them by a score of 34-18 to go undefeated on the week.

Easley from page 1



Technical Sergeant Charles Easley poses with actor Robin Williams during a USO event in Kuwait during Operation Northern Watch in 2003. Easley, who retired from the military as a master sergeant, said he went to the desert three times, the first being to Kuwait for Operation Northern Watch. After 9/11, he deployed for Enduring Freedom, ending up in Baghdad when conditions there were still **primitive for the troops.** (Photo provided)

"If the wrong mix or some contaminant gets into the fuel going to a test cell and gets into an engine while it's being tested, besides the lost test time and costs involved, you may have destroyed a multimillion dollar test article," he said.

Even with his years of experience, Easley acknowledged it was a challenge to learn the ropes when he first came to Arnold.

"It's not as easy as you'd think," he said. "Everybody is going to teach you something – it's definitely a team effort."

ATA Fuels Team Manager Gary Chain said most people on base are probably not aware of the job's complexity.

'They're responsible for all the hydrocarbon fuels [JP-4, JP-7 and JP-8] that

receiving goes and offloading, all the quality control and the sampling," he said. "They're also required to blend in additives, whether it is fuel system icing inhibitor, corrosive inhibitor lubricity improver or status 450, which is a conductivity additive. We've also had to blend some of the new types of fuel, like Fischer Tropsch, with JP-8."

Chain said the team's rerate, in the right amount and in Iraq. with the necessary additives can be quite a challenge.

Easley acknowledges that a positive attitude, staying focused and taking a proactive approach has both his personal and professional life.

Robert Holley, another Holley explained. "He is

come on base as far as the fuels specialist at AEDC since 1998, knew Easley when they both were still

in uniform. "Chuck and I met in 1985 while [we were] stationed at Clark AFB Philippines," said Holley who retired as an Air Force Master Sergeant. "We were assigned together at Yokota AFB Japan. Chuck was part of the early deployment crew at Yokota, which went into a 'bare base' situation [limsponsibility to get fuel to the ited facilities] to support U. test facilities at the correct S. military contingencies

Holley, who said his friend was the quality assurance evaluator at both assignments, also has seen another side of Easley.

"Chuck is active in the served him well throughout local community supporting the Youth About Business program in Nashville,"

a member of his church ideas to develop the plan. brotherhood working with the young men in his local totype, without that it's useful function. A second church, mentoring them and nothing," he explained. "I giving them an alternative to the street. Chuck is also

interested in biking and

photography."

One thing Easley has not widely shared with others, his solitary pursuit as an inventor.

action when the first digital watch, a Pulsar LED (light emitting diode) prototype made its debut in 1970.

it even came out," he said. "That's where it all started."

Easley said when an idea strikes, he writes down a plan and starts trying to figure out how to build a model of the invention. This often involves exploring the aisles of places like Home Depot for parts and additional make up most of what the

started working on my first invention in 1992."

To date, Easley has two patents with more pending.

A patent is a set of exclusive rights granted by a but takes great pride in, is national government to an inventor or their assignee for a limited period of time He vividly recalls his re- in exchange for a public disclosure of an invention.

"There are actually three kinds of patents that are granted by the U.S. Patent "I thought of that before and Trademark Office," explained Jasemine Chambers, the director of the technology center at the USPTO that examines design patents. "The first one is called a utility patent and we usually see about 440,000 of these a year."

Utility patents, which

USPTO deals with, are for "I've got to build a pro- inventions with a specific type is called a plant patent.

She said Easley was involved with what is known as a design patent.

"The design patent is to protect the aesthetic appeal of the article, so it protects the looks of it, but not the underlying article," she said. "That's a big difference between a design and a utility patent."

Corporate entities make up the majority of applicants for design patents annually, with only 10 percent or less being initiated by individuals like Easley.

Whether working on the next invention, helping young men at his church, or working a shift at AEDC, Easley said he views each day as a blessing, an opportunity to contribute something worthwhile.



Charles Easley sits in his workshop at home, holding a specialized toilet seat for residential use, one of two inventions he was able to get a patent on since 1992. He has other patents pending. (Photo provided)

Chief from page 3



DeShields drives in response to a fire in the air traffic control tower at the Army/Air Field during his tour in Kuwait. (Photo provided)

Mach articles commemorating successful rescue and training operations – it's things like that – that says a lot about the quality of the next phase of his life and career. troops and leadership here," he said. place to be someday."

But, before that someday would come, DeShields decided to retire from the Air Force in October 2007. He was a little unsure of what to do next.

"I chose to go overseas as a contractor for two years," he said. "For 21 years I had a job and then September 2009 when DeShields one day I didn't because I retired and I needed a job. But, it was also a way for me to continue supporting it's good because I get to learn at a the troops."

Although DeShields was proud to serve his country in time of need, he felt it was time to move on to the

"I was ready for a change. It "So I thought this would be a great was very fast paced over there," he said. "When I first got there I was working in operations 48-hours on and 24 off. Then I moved to their headquarters running 39 fire departments in three countries sevendays-a-week, 15 hours a day - it's

> That someday finally came in was hired as an assistant fire chief.

"It's a lot slower paced here, but slower pace," he explained. "I'm ing from and the light comes on for

not being thrown to the wolves and it's easier to take things in. It's a really unique operation here; different than anything I have ever done. It also gives me time to get accustom to what's going on here and do a lot of training with the guys I work with."

DeShields realizes there is a wealth of knowledge and experience he is coming into and is willing to not only learn but also teach

"I often get the 'that's not the way we do things here' and I allow them to explain to me where they're coming from and then usually I explain to them where I am com-

both of us. They agree that there is a different way to do things and that they could learn from it and it's been a piece of cake.

in the Air Force and a couple of years as a contractor overseas, I would be remiss in my duties as a leader to come in here and think I knew everything and I could show them the light. I keep my mind open to what is going on and what has gone on and build from there."

For someone who has known him personally and professionally, George Chambers, assistant chief, says DeShields is a great asset to AEDC.

"I have worked with and known George for the past 14 years and have found him to be people oriented, fun loving and hard working. He is an excellent leader, mentor and assistant chief," Chambers said. "He brings a wide range of experience to AEDC, from not only the private sector, but the Air Force and from the contract side of fire protection.

"He is very people minded; taking care of his people is priority #1, the job done. He has brought a fresh perspective into the fire department along with more than 20-plus years experience in this profession."

DeShields considers Chambers a mentor and is glad to be working with him again.

"I worked with George in Germany for the better part of four years and he is an outstanding leader and a great mentor to me," he explained. "He has taught me a lot about fire service, leadership and about taking care of people."

Firefighter Brandon Gunn con- him."

siders DeShields the best supervisor he's worked for to date.

"Chief DeShields is one of the best supervisors that I've ever had "Twenty something years the privilege of working with," Gunn said. "He is fair with everyone and treats all of his men with respect, and he is ever willing to help us with any issues we may have. He expects his people to excel in everything they do and his experience and knowledge is unmatched."

When asked if he considered anything outside of firefighting once he retired, DeShields said he couldn't and didn't imagine it.

"I believe that everyone is called to something and this is me," he explained. "This is what I was supposed to do. I went to school for a year to be an electrician and I've toyed with the idea of being on the medical side of this job; however, it's just not for me. This is all I've wanted to do and I feel so comfortable doing it."

From the day he arrived, DeShields feels like he's been a part of the family.

"Normally, in a fire station you which leads to priority #2 getting are part of the family immediately. I can go to any fire station in the United States and they will accept me because I'm a fireman," he explained. "But, here it was as if they were waiting for me. It was as if I was a long lost brother and I came home."

> Crew Chief Gary George summed it up in a nutshell.

> "We're having a great time indoctrinating George to our ways here at Arnold," George said. "He's got a great personality and we're looking forward to working with

The University of Alabama in Huntsville will be visiting today in the EAF Lobby, Building 1103 from 10-11:30 a.m. The topic is distance learning graduate programs in engineering. Degrees offered are engineering management, systems engineering, modeling and simulation, industrial engineering, rotorcraft systems engineering, missile systems engineering, operations research and software engineering. For more information contact Dr. Dawn Utley, director of distance learning at (256) 824-6075.



UTSI student and professor featured in Royal Society Review

see Space Institute (UTSI) tional motion." doctoral candidate Tony Saad and Prof. Joe Maidalani are a team from Tennessee that will publish a review article in the Proceedings of the Royal Socito be the oldest scientific academy still in existence.

Their manuscript is entitled "On the Lagrangian optimization of wallinjected flows: from the

This scientific study introduces several new concepts for modeling gaseous motions in solid irrotational Hart-McClure and hybrid rocket motors.

ety A, considered by most the Taylor-Culick model, a rotational motion that arises in several captivatrocket internal ballistics.

In this context, the

families of solutions showcasing energy signatures. These extend from the potential with minimum The study focuses on kinetic energy to a highly rotational flow motion with peak energy.

ing applications, such as tion is found to be at the to a local equilibrium point boundaries and arbitrary isotope separation and confluence of both fami-

To better understand

maximization principle lor-Culick configuration surface boundaries. as the most probable patfrom rest.

at the convergence of both

Hart-McClure potential Lagrangian optimization the inclination of fluid minates in a unique reconfamilies of injection driven

ravel two complementary energy states, the entropy energy theorem, mostly known for its applicabilis used. This principle ity limitation to a specific helps to identify the Tay- class of fluid motions and

In their review article, the theorem to a wider The Taylor-Culick solu- range of applications such The Taylor-Culick mo- tion is found to correspond as those involving open inlet and outlet conditions. Type I and Type II families. In applying the generalized Finally, the study cul- Kelvin theorem to the two

University of Tennes- to the Taylor-Culick rota- principle is used to un- particles to toggle between struction of Kelvin's 1849 motions, these researchers show that the Hart-McClure potential indeed carries the least amount of power among all possible solutions.

> The Royal Society curtern among those starting Saad and Majdalani extend rently publishes seven peer reviewed journals covering many facets of mathematical, natural, and engineering disciplines.

Article by UTSI office of the Associate Vice President and Chief Operating

Deer from page 4

ance Institute for Highway Safety, about 1.5 million DVCs are estimated to occur annually in the U.S., resulting in around one billion dollars in property damage and 150 deaths. The results of close analysis of DVC data collected since 1987 by ATA Security Forces and Conservation personnel can answer some important questions regarding safety.

1) Have the DVCs on the annual number of DVCs indicates that there has been a significant decline.

2) Are there months of the year in which DVCs are more likely to occur? Analysis by Lamb indicates that there is a significant difference in the pattern of DVCs. Drivers should always be vigilant watching for deer when driving but take extra care in the fall and winter months.

3) Are DVCs more like-

ly to occur during certain times of the day? The time of the DVC is not a variable recorded on base. However, numerous other studies have found that DVCs are more likely to occur during the hours around dawn and dusk. Drivers are asked to take extra precaution at these times when deer are more active and drivers are less likely to see them.

4) Are there areas where base increased? Analysis of DVCs have been concentrated in the past and are, therefore, more likely to occur in the future? A Geographical Information System analysis was used to identify areas with "extreme, high and medium" risk of DVC. A DVC can happen on any road, but drivers should slow down and be extra vigilant in the high DVC probability areas.

> For more information contact Rick McWhite at 454-5086.

Tips to prevent, avoid deer vehicle collisions

No strategy can completely eliminate the risk, so it is up to drivers to take due diligence on the road. The harder to see and they slip easily on the pavement. following tips are for avoiding DVCs:

- Use extreme caution during the months of October through January – this holds true on the base.
 - If you see one deer you should expect others.
- shortly before and after sunrise. These are the highest risk periods for DVCs.
- When driving at night, reduce your speed and also use high beam headlights when there is no oncoming traffic. The high-beams will better illuminate the eyes of deer on or near the roadway.
- Brake firmly when you notice a deer in or near your path, but stay in your lane. Many serious crashes occur when drivers swerve to avoid a deer and hit base, be sure to report it to the AEDC Police. another vehicle or lose control of their cars.
- deter deer. These devices have not been proven to reduce DVCs.
- Avoid the use of cell phones and other distractions while driving.
 - Make sure you buckle up.
 - Scan both the roadway and roadsides.

• Be especially careful in the rain – deer can be

If a DVC is unavoidable, the same sources offer

- Don't swerve, brake firmly, stay in your lane, • Be attentive from sunset to midnight and hours hold onto the steering wheel and bring your vehicle to a controlled stop.
 - Pull off the roadway. Turn on the vehicle hazard flashers and be careful of other traffic when you leave
 - Don't attempt to remove a deer from the roadway unless you're convinced it's dead. A deer can inflict serious injuries.
 - Contact law enforcement to report the incident. On
- Contact your insurance agent or company repre-• Do not rely on devices such as deer whistles to sentative to report any damage to your car. Collision with a deer is usually covered under the comprehensive portion of your automobile policy.
 - Tennessee law allows deer killed in a collision to be taken and used as food as long as the driver contacts the nearest TWRA regional office to report the accident within 48 hours.

Free holiday greetings from videoconferencing center

The video conference center is open for morale and welfare holiday videoconferences. This service is available for family members to contact DoD personnel and their families located in the continental United States, Hawaii and Alaska. AEDC has expanded the program to include deployed members overseas, including Reserve and National Guard members. Videoconferences will be scheduled on a first-come, first served basis. Reservations are being taken now through Dec. 23, Monday – Friday, from 7:30 a.m.-4 p.m. For additional information or to schedule a videoconference, contact Mike Arnold at ext. 7500.



If you've developed a long-term plan with a family advisor whom you trust, you may feel relatively confident about your future, even in the current environment. If you don't have a plan at this time, or if you are dissatisfied with the guidance of your current advisor for any reason, we hope you will take a moment to call us to discuss your situation. Because we are independent, we have no company agenda to promote: our clients' goals always come first. Finally, because we do not engage in investment banking and offer no proprietary products, we are free to recommend the investment options that best suit your personal goals.



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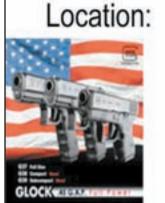


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Pratt & Whitney delivers 400th F119 engine to Air Force

Pratt & Whitney has deliv- U.S. Air Force. ered the 400th F119 engine,

East Hartford, Conn.- Martin F-22 Raptor, to the complishment for the only the maturity of this highly the F119 engine and uses a propulsion system for the

which powers the Lockheed ery marks a significant actoday and demonstrates

This milestone deliv- fighter engine in service tem. Pratt & Whitney is a

operational fifth generation advanced propulsion syscompany.

"The F119 logbook conmore than 125,000 operational flight hours.

F119 engine is tangible fers a significant advantage proof of the maturity of this to the F135 with respect to fifth generation engine," said Tyler Evans, F119 program director. "We on-time delivery of quality valued customer."

The maturity in both production and flight experience of the F119 engine continues to provide a heritage of proven performance for the F135 engine because the F135 is a derivative of

common core.

The F135 engine is the the F-35 Lightning II and is the only engine currently tinues to grow, surpassing powering the F-35 Joint Strike Fighter. The common technology derived Delivery of this 400th from the proven F119 ofmaturity and single engine safety.

"The core of the F135 are proud of our ongoing engine is being matured and partnership with the U.S. proven in the twin engine Air Force and Lockheed F-22," Evans said. "With Martin, and this delivery re- 125,000 flying hours, we performance without cominforces our commitment to are able to incorporate the maturity and learning from propulsion systems to our the F119 core into the F135 P&W Military Engines.

single-engine F-35."

Two F119 engines power United Technologies Corp. lead propulsion system on the F-22 Raptor, delivering unparalleled aircraft maneuverability and unmatched operational performance and reliability.

> The F119 features an unrivaled combination of stealth technologies and vectored thrust with high thrust-to-weight perforwithout afterburner, known as supercruising, gives the F-22 exceptional combat promising mission range.



Accelerated Mission Testing (AMT) in AEDC's SL-2 testing facility in June 2006. According to Sean Smith, AEDC's F119 project manager, the completion of the block of testing represented 75 percent total life for the engine. Smith said the tasks associated with the test included upgrades that could reduce life cycle costs and required maintenance man hours for future and currently fielded engines. (Photo by Rick Goodfriend)





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mance. The F-22's ability to operate at supersonic speeds

Article by Erin Dick,









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Commander's Fit Tip: Get adaptation on your side

By Col. Michael Panarisi **AEDC Commander**

Now that we understand the mechanics behind our exercise programs (thanks to last editions refreshingly short fit tip!) we need to look at the physiology and how we respond to exercise.

your fitness (note, this is different from sustaining your current fitness level), adaptation will become an obstacle, and the best way over, through, or around that roadblock is a relatively new training regimen the pros call "periodized workouts."

Sounds pretty sophisticated, doesn't it? Here's make it work for you.

As you progress through a workout program, your body is changing. Muscle fibers are growing, blood vessels are rerouting and expanding their networks, and nerve bundles are learning to work together. These changes tend to occur in parallel, but no single workout routine is optimized for all three simultaneously.

technique, "order matters."

If you want to improve sistance or load in three about a month. distinct phases.

> The first phase is analogous to building a foundation...get the footings suffers. Since most workouts rely on repetitions (a.k.a. "reps") and sets, it's rep schedule.

how it works, and how to all about blood flow and careful execution, so we're targets the neuro networks, talking high reps and low weights. Most trainers will put you on a plan that uses 15-20 reps for three sets in this phase, with the last rep in each set approaching failure. I like to start with 15 reps, and a weight that produces failure in the third set (i.e. you can't complete the third set).

The result...a perforplete the third set, that's 190 mance "plateau" as one OK. If you misjudge the reof these components be- sistance level, and the third comes the limiting factor. set is easy, just do another. Breaking your workout into The beauty of this approach phases, or "periods" lets is that you can get a clear you focus your efforts on signal of when to switch to one at a time, and for this the next "period"...when 20 reps at that weight does In a "periodized" pro- not produce failure. At three gram, you increase the re-times a week, this will take

The second period shifts the emphasis to the muscle fibers. Here the classic "three sets of 10" comes wrong and everything else in. Except 10 is the minimum, not the target. So, just like the first period, shoot for a weight that produces easy to build the phases by failure in the last set of 10 adjusting the load to meet a reps, and jump to the next period when 15 reps does For the first period, it's not produce failure.

The third and final period and challenges you to get all the complicated signals lined up to produce max power. This is like coaching a rowing team...all the rowers are ready to fly, but each one has to put their oar in the water at the right time to maximize the team effort. In this period, the reps are reduced to 4 to 6, and this is If you can't quite com- the spooky period. Easy to

start FIGHT'S ON tracker 185 180 175 **170** Nov Oct Dec Jan

get hurt if you aren't careful when the resistance gets over. You now have a new to this level, so patience is key, and if you are using free weights, a spotter is an absolute MUST. It may take a few attempts to find the right weight, but just like the other periods, target 4 reps with failure in the third set, and keep at that weight until 6 reps won't produce failure.

What next? Easy! Start "engine," and you can reinitiate the sequence. You'll find the resistance needed to produce failure in the third set of 15 reps will be significantly higher than previously, and from that point on you'll see consistent gains in performance.

Note this is a performance building technique,

not a body building technique. You will see some increased muscle mass, but you won't be in danger of de-throning Mr Universe.

These "periodized" plans let your body adapt sequentially, and for long term fitness, this is hot ticket. Give this a run for three months, and if nothing else, you'll still sound sophisticated!



Air Force Chief of Staff Gen. Norton Schwartz visits with Airmen at Camp Eggers, Afghanistan, Nov. 26, 2009. Gen. Schwartz and Chief Master Sgt. of the Air Force James A. Roy joined deployed Airmen assigned to the NATO Training Mission -Afghanistan and Combined Air Power Transition Force for Thanksgiving. (U.S. Air Force photo/Senior Airman Brian Ybarbo)

Air Force leaders make Thanksgiving Day visit to Airmen in Afghanistan

By Staff Sgt. Larry E. Reid Jr. NATO Training Mission - Afghanistan PA

Camp Eggers, Afghanistan (AFNS) - The Air Force's top officer and enlisted member paid a Thanksgiving visit to Airmen who are deployed to the NATO Training Mission - Afghanistan and Combined Air Power Transition Force here.

During an Airmen's call. Air Force Chief of Staff Gen. Norton Schwartz and Chief Master Sgt. of the Air Force James Roy spoke about the Air Force's role in the current conflict in Afghanistan and thanked the Airmen and their families back home for their unwavering sacrifices.

The visit was special for the two Air Force leaders as they were able to spend some of their time meeting and speaking to the Airmen who are deployed alongside sister services and coalition forces to train, their country against terrorism.

"Sincerely, it's a wonderful thing to have all of you here this morning, particularly on Thanksgiving Day," General Schwartz said. "For me and Chief Roy, this is a moment of thanksgiving... to be with you, to be with the folks who are on the front line doing the nation's business as well as you are.

"The key message from the United States leadership is that what is happening here is important," the general said, "for the security of our country and for the security of friends and allies here in this region. What we are doing is training the Afghans to be able to help secure their own space."

The general also emphasized the importance of each and every Airman's contribution to the coalition fight, and how joint-force cohesion can mean overall success in Afghanistan.

"All of you play your position well and on the front line you represent your Air Force so well," the general said. "You are credible with your joint teammates, which is important because we are doing

this together. I just want to emphasize the fact that what you're doing is worth your separation from your families. What you're doing is worth the sacrifices you will make as individuals."

During the Airmen's call, Chief Roy briefly touched on the Year of the Air Force Family by talking about program improvements to better serve Airmen and their family members who are back home.

"What we are trying to do is bring the sense of community back to our bases," said Chief Roy. "The sense of community at many of our stateside bases has diminished, so we are trying to bring that back and make sure that the programs available on our installations are useful to the members. We are not looking at having new programs, but to make sure the programs that we have are suited for members who are utilizing them."

Airmen who were present during the equip and mentor Afghan forces to secure Airmen's call were reminded to make morale calls back home during the Thanksgiving holiday and to reassure their loved ones that they are safe.

> "I hope you will take the opportunity to make contact at home," the general said.

> The general noted the importance of working hard today and every day and to make every day count towards helping the Afghans reach self-sustainability.

> "As we go forward for the next couple of years, we need to make the best of each and every day," he said. "We need to work as hard as we can to make the Afghan Army Air Corps credible and capable so that they can move the Afghan National Army and police to where they can secure their own space and protect them while they're out doing their nation's business.

> "America needs good people to do this stuff," General Schwartz said. "We need all of you, we are grateful that you are here doing this work. Chief Roy and I and the leadership of your Air Force are all in, in making sure that what you are doing here and will do, will be valued for years to come."







General Hoffman outlines the 'State of the Command'

Shortly after I assumed command one year ago, we set out to define our fiscal year 2009 priorities for the men and women of AFMC.

Through our corporate process we instituted the following five priorities:

- Reinvigorate AFMC Role in the Nuclear Enterprise
- Implement Effective and Efficient Integrated Life Cycle Management
- Recruit, Train, and Retain a High Performing Work force
- Nurture and Protect our People and Families
- Be Good Stewards of Gov-

ernment Resources This past year we made significant progress, and I would like to quickly highlight some of your

accomplishments.

the Nuclear Enterprise

This continues to be our number one priority as a Command.

We worked hard to create clear lines of authority and responsibility within AFMC's nuclear sustainment enterprise by consolidating all major nuclear sustainment and future system development activities into a single organization – the Air Force Nuclear Weapons Center (AF-NWC).

Three major milestones occurred over the last year: on March 2, AFMC stood up the Directorate for Strategic Deterrence and Nuclear Integration (A10) at AFMC Headquarters; on Nov. 1, AFMC became the single nuclear weapons authority for all CONUS-based weapons storage areas (WSAs); and on Nov. 4, AFMC gained approval from the HAF Nuclear Oversight Board to establish an Air Force Program Executive Officer for Strategic Systems.

In conjunction with these trol issues. milestones, we conducted our



Hoffman

Compliance Assessment Program evaluation, with the mandate that "compliance is not an option."

We have implemented Posi-Reinvigorate AFMC Role in which provides functional users with a single source of data for Weapons Related Materials and implemented Integrated Maintenance Data System in the Missile community to support standard configuration management activities.

Implement Effective and Efficient Integrated Life Cycle Management

We are currently working hard to rebuild and reshape the acquisition work force.

To establish clear lines of a result of AFCANS II. authority and accountability, AFMC will realign from a Wing/ Group/Squadron structure to a Directorate/Division/Branch structure for most acquisition organizations.

In addition, several new Program Executive Officer positions will be created. This will provide a greater number of experienced senior leaders to oversee the execution of our acquisition programs and address span of con-

Another significant on-going first rigorous WSA Logistics effort is an initiative to recon- with private recruitment firms, tervention to assist our members every day.

stitute the Life Cycle Logistics job fairs, aggressive marketing Acquisition Logistics function and work force.

This initiative is an unprecstate of Life Cycle Logisticians who are armed and trained in the competencies necessary to ensure future sustainment of our Weapon System development.

I have committed to advancing the LCL Reconstitution effort by standing up a Logistics People and Families Functional Office to serve as the force management and develop-

a High Performing Work force

Over the last year we put our tive Inventory Control Fusion, primary focus on the nuclear and acquisition work force.

We secured 518 new authoenterprise tracking of Nuclear rizations for AFMC's Nuclear Enterprise as a result of the Air Force Comprehensive Assessment of Nuclear Sustainment I (AFCANS).

Combined with intra-Command transfers, our nuclearfocused manpower is growing by almost 1,000 billets across the Command. AFMC recently secured an additional 40 manpower authorizations through the Air Force Corporate Structure as the upcoming year.

We identified leaders and supervisors in key nuclear billets that require specialized experience and training. The AFNWC now provides some of that training by way of a Nuclear Management Fundamentals Course and a periodic executive-level "road show."

In the acquisition arena we increased our overall end strength by hiring 1,773 new employees. Strategic hiring and recruitment approaches, such as partnering with universities, contracting

(LCL) Work force, a long over- campaigns, use of expedited hirdue response to an erosion of the ing authority, and block hiring were fully put into place across the Command.

This collaborative effort enedented leap in building a future abled AFMC to execute 103 percent of our civilian pay budget on civilian pay. Over the next year, we will continue to face challenges in civilian hiring but must remain focused to ensure we meet our objectives.

Nurture and Protect our

Nurturing and protecting our AFMC focal point for LCL Work people and families is necessary for our mission to succeed.

Over the last year, we contin-Recruit, Train, and Retain ued our Civilian Health Promotions Services by providing numerous benefits to our civilian workforce to promote healthy lifestyles including cholesterol checks, blood pressure checks and a wide range of counseling and educational classes and events.

We also piloted the only AF smoking cessation program expanded to support civilians. The program includes medication, classes and access to a tobacco quit-line. As a result of this initiative, several hundred civilians quit using tobacco, and we intend to build upon this success during

In this increasingly complex financial environment, staff members in seven of our Airman and Family Readiness Centers have become Certified Financial Counselors and we are training additional counselors at all locations to ensure all personnel have access to expert advice.

AFMC is the only DoD agency that reviews and tracks civilian employee suicides.

This year, AFMC chartered studies by RAND to help us better understand this complex issue and identify methods for early in-

struggling with stress in their lives. Through 2009, as before, AFMC continued to emphasize the importance of maintaining our Wingman culture.

Be Good Stewards of Government Resources

I challenged each of you to use and conserve our resources as if they were your own.

This past year, AFMC directly supported the President's 2009 American Recovery and Reinvestment Act (ARRA) by securing \$260 million (23 percent of all ARRA funds for the USAF) in appropriations for 551 facility projects across the Command.

These "shovel ready" projects not only helped stimulate local economies, but significantly improved quality of life across the Command by repairing, sustaining and modernizing old infrastructure and facilities.

Additionally, AFMC awarded 66 facility energy projects this year, valued at \$71 million - a tremendous investment as the Command continues to reduce its energy demand and water consumption.

In fact, over the last year AFMC consumed 6 percent of our energy from renewable sources - doubling the AF's target of 3 percent. Our Energy Management Steering Group is in place to ensure AFMC continues to meet our energy goals.

Each of our accomplishments and successes can be attributed to the great people of this Command. Your continued efforts to improve our ability to execute the mission through innovative initiatives are impressive.

The job is not over...many challenges remain, but I look forward to another great year delivering war-winning expeditionary capabilities to the warfighter!

Thank you for what you do



Former UTSI student has lead role in future of space habitation

"The sky is not the limit. The sky is where we begin." Those are the words of Dr. Robert L. Howard, Jr., Manager of the Habitability Design Center, with NASA's Johnson Space Center in Houston, Texas.

Dr. Howard, or "Bobby" as he was affectionately called while he was a student at the University of Tennessee Space Institute (UTSI), Tullahoma, Tennessee,

received his Doctorate in Aerospace Engineering in 2002. Dr. Frank Collins was his major professor.

Today, Dr. Howard is leading a team of architects, industrial designers and engineers in NASA's Constellation Program who will develop concepts for the lunar lander, lunar outpost, and lunar rover.

It is his responsibility to design the inside comfortable living quarters for up to four crew members who will be never been done before. making their home on the



Howard

cles to overcome before Space Center. the United States makes long durations. Shielding the astronauts from solar radiation, conservation of all forms of water, including recycling and purifying perspiration and urine, are just a few but necessary things that are being investigated as part of the program.

of the space vehicle into helps to have a strong imagination in order to create something that has

As a child, his imagi-

when at eight years old his mother found where he had used a key to trol panel for a

closet wall. He met astronaut Ronald separate occawas in grade school and former astronaut became a men-

There are many obsta- internship at Johnson

ard received a Bachelor of Science in General College in 1995, and a Bachelor of Aerospace Engineering from Georgia Tech in the same year, under the Morehouse-Geor-Dr. Howard says it Engineering Program.

He received a Master of Science in Industrial Engineering with a focus in Human Factors from North Carolina A&T State moon for up to six months nation was allowed to University, graduating in Moon Society.

thrive, even December of 1997.

His thesis was entitled "An Expert Systems Approach to Spacecraft Cabin Design."

In September of 2002 "create" a con- he received his PhD in Aerospace Engineering spacecraft on a from the University of Tennessee Space Institute. His dissertation was entitled "Formulation of McNair on two a Cislunar Human Transportation Architecture sions when he Through Use of Analytic, Heuristic, and Parametric Algorithms."

Upon graduation from Fred Gregory UTSI, Dr. Howard began working at the NASA tor during his Johnson Space Center in October 2002.

He has been involved Born in Xenia, Ohio, with the National Sociit way to the moon for but raised in Greensboro, ety of Black Engineers North Carolina, Dr. How- (NSBE) since 1990, serving in numerous chapters.

He is the Chairperson Science from Morehouse for the 2010 NSBE Aerospace Systems Conference, and founder and president of the Houston Space Chapter. He is the founder and director of gia Tech Dual Degree NSBE's Space Special Interest Group.

> Dr. Howard is a member of the American Institute of Aeronautics and Astronautics, National Space Society, and the

Milestones

40 YEARS

Wayne Knight, ATA Rufus Jones, ATA

35 YEARS

E W Ray Jr., Premier David Hartful, ATA

30 YEARS

Willie Jo Taylor, AF Dowe Jones, AF Kathy Moore, AF Toni Trimble, AF Mark Moran, ATA Sidney Steely, Jr., ATA Richard Evans, ATA Alice Moran, ATA Kenneth Delaney, ATA

25 YEARS

Robert Reed, ATA James Stewart, ATA Donald Bell, ATA

20 YEARS

Roy Campbell, FRC Richard Rose, ATA James McCoy, Jr., ATA Randy Nunley, ATA Richard Minor, ATA Ricky Tate, ATA William Benedict, ATA

15 YEARS Carlton Walker, ATA

10 YEARS Larry Philpott, ATA Beverly Caldwell, ATA Ricky Bailey, ATA

David Hartful, ATA 35 years

5 YEARS

Matthew Kennedy, ATA Brian Knack, ATA John Ganser, ATA Joseph Chapman, ATA Jefferson Thames, ATA Tony Pederson, ATA

NEW HIRES

Maurice May, AF Leo Marple, AF Joseph Maniscalco, AF Joseph Weaver, AF

INBOUND MILITARY SSgt Shana Lodge, AF

OUTBOUND MILITARY Lt. Col. Latheef Ahmed, AF

RETIREMENTS Dave Zeija, AF (21 years)

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Arnold Golf Course 454-7076

Do you have family, friends or coworkers that golf? Why not do your Christmas shopping at Arnold Golf Course? The entire month of December is a merchandise sale with special discounts ranging from five to thirty percent off. Pick out your merchandise then come to the counter and roll a die to determine your discount. You must pay for the merchandise immediately after rolling. Roll a 1 for five percent off, 2 for ten percent off, 3 for fifteen, 4 for twenty, 5 for twentyfive or 6 for thirty percent off. No double discounts and Members First Plus discount does not apply in conjunction with this offer.

Mulligan's Grill is open seven days a week from 7 a.m. to 2 p.m. Try the "Good Morning Breakfast" special Monday through Friday. This includes two eggs, choice of bacon or sausage, hash browns and one biscuit and gravy for \$4.50. Breakfast is served until 10:30 a.m. New lunch specials for December are **Monday**: hot ham and cheese sub, fries and fountain drink for \$6; Tuesday: Potluck - different special each week; Wednesday: turkey bacon club Panini, fries and fountain drink for \$6; Thursday: chili cheese dog, fries and fountain drink for \$6; Friday: club sandwich, fries and fountain drink for \$6. Try the soup of the day with a sandwich. New to the menu is the Fairway Combo - club sandwich, fries and fountain drink for \$6.25. As of Dec. 1 the Birdie Combo (chicken strips) will be \$5.50, Double Eagle Combo (Philly steak), Duffer Combo (chicken or steak wrap), Hole in One Combo (quesadilla), and 9 Iron Combo (Panini) will all be \$6.25. Other menu changes on individual items are Philly steak sandwich will be \$4.50 and chicken strips will be \$3.95. As always, Mulligan's Grill meals are a great value and include unlimited drink refills. Call ahead for advance or to go orders at 454-7076. Remember to show your Members First Plus membership card for a ten percent discount on purchases of \$4 or more.

Arnold Lakeside Center 454-3350

Pizza Wednesdays. Call ahead to 454-5555 to order takeout pizza for your office luncheon or group gathering. Pizza is available for pick up on Wednesdays from 10:30 a.m. to 1:30 p.m. No delivery available. For better service, you may call on any day and preorder. Pizzas are available in 12 or 16 inch and range in price starting from \$7. House favorites include the Falcon (cheese), Eagle (pepperoni and cheese), Stratofortress (pepperoni and bacon Stromboli with mozzarella and ricotta), Mustang (ham, bacon, pineapple and cheese), Spirit (veggie - mushrooms, green pepper, onion, tomato, black olives, basil, olive oil and feta cheese) and Galaxy (pepperoni, sausage, ham, green pepper, onion, mushrooms, black olives, bacon and extra cheese). Gourmet specialties include the Warthog (ground beef, cheddar, red onion, tomato, spinach and sesame seeds), Phantom

(spinach, basil, sun-dried tomatoes, garlic, olive oil, pesto, mozzarella and parspinach, jack cheese, alfredo sauce, parmesan, gouda and mozzarella) and Raptor (pepperoni, ham, sausage, bacon, ground beef, olive oil and cheese). Fly solo and build your own (\$1 for individual toppings). The pizza menu is also available for dinner on Thursday, Friday and Saturday from 5-9 p.m.

Arnold Lakeside Center will be open on Monday nights starting Dec. 7 for Monday Night Football. The games will be shown in The Landing. Order from the Express or Pizza menus 6-9 p.m. Contests will be held throughout the season and prizes awarded. Since the first Monday is also Pearl Harbor Day, the movie Pearl Harbor will be shown in the ballroom starting at 6:30 p.m. Games kickoff at 7:30 p.m. with Baltimore at Green Bay on Dec. 7, Arizona at San Francisco on Dec. 14 and New York Giants at Washington on Dec. 21. The ALC will be closed Dec. 28 for the holidays.

Movie nights are every Thursday at 6:30 p.m. with dinner available from the Express or Pizza menus from 5-9 p.m. The schedule for December is: Dec. 10 - "All About Steve," rated PG-13 starring Sandra Bullock and Bradley Cooper. Mary and Steve meet on a blind date and Mary, convinced they are soul mates, follows Steve around the country trying to win his love. **Dec. 17** – "Shorts," rated PG starring Jimmy Bennett and Jake Short. Toe is picked on by bullies in his community but when a mysterious rock falls from the sky the neighborhood he already thinks is weird is about to get a lot weirder. **Dec. 24 & 31** – no movie is back Dec. 18 from 6-9 due to holiday closure.

specials available from 5-9 p.m. **Dec. 4**: All You Can Eat Pizza From the Kitchen, \$9.95 for members, \$11.95 for non members. No First Friday Jam in December. Jam night returns Jan. 8. Dec. 11: The Lynchburg Ri- ALC event, Youth Probeye served with baked potato, chef's veggie and salad and white" attire New bar, \$11.95 for members, \$13.95 for non members. **Dec. 18**: Frog Legs served with mashed potatoes, chef's veggie and salad bar, \$9.95 for members, \$11.95 for non members. **Dec. 25**: Closed. Please call for reservations to ensure special is available. All specials and times are subject to change without notice. Please call ahead to ensure availability and openings.

and specials: Dec 5: Prime cludes a buffet of chicken Rib for Two served with baked potato, fried squash or okra and salad bar, \$33 for members, \$35 for non members. **Dec. 12**: Closed for special event. Express and Pizza Menus available. Dec. 19 & 26: Closed. The dining room is open on Saturdays from 5-9 p.m. unless otherwise advertised. Please call for reservations to ensure these specials are available. All specials and times are subject to change without notice. Please call ahead to ensure availability and openings.

will host a **New Year's Eve** late/cancellation fee after Party featuring the Amerithat date. A minimum of can Pie Band playing from ten children are required 8:30 p.m. to 12:30 a.m. A to hold this event so call club classic dinner buffet today at 454-3277.

will be served from 7:30-9:30 p.m. to include roasted prime rib of beef au jus, mesan), Blackbird (chicken, rustic mashed potatoes, Italian-style green beans, fresh baked rolls and fresh fruit sorbet. A big country breakfast will be served from 12:30-1:30 a.m. to include scrambled eggs, bacon, sausage links, biscuits and gravy, home fries, apple and orange juice, along with the New Year's Eve traditional black-eyed peas, collard greens and cornbread. This event comes complete with party favors and commemorative glass flute souvenir all for \$48 for members and \$52 for non members. Tickets must be purchased by Dec. 21. Space is limited so call today to reserve your tickets at 454-3350.

Fitness Center 454-6440

Random Fitness Initiative continues. Twice a month the Fitness Center staff will roam the base during lunch and award people for showing self initiative for working out on base at a location other than the Fitness Center. Those selected will receive a prize.

Winter Workout Challenge is set for Dec. 9. Come by anytime during regular hours and draw a workout. Receive a prize upon completion of the workout.

Intramural Basketball will begin Jan. 12. Games are played on Tuesdays and Thursdays beginning at 5:30 p.m. Open to ages sixteen and up. Call to sign up as individuals or teams.

Family Member/Youth Programs (FamY) 454-3277

Youth Movie Night p.m. Ages 9 and up are invited to the Open Rec Friday night dining room Center to watch a movie. There will be free popcorn and pizza by the slice for \$1. Juice and water will also be provided free of charge.

As a companion to the

grams will host a "black Year's Eve party. This event is open to any eligible children ages 5-12, not just those of parents attending the ALC event. The event will be from 6 p.m. to 1 a.m. for \$20 per child (\$16 for additional siblings). Parents - that's less than \$3 per hour for your children to have an evening of fun ringing in the New Year. Why pay a baby-sitter when the whole family can celebrate the Saturday availability new year. This event intenders, pizza slices, veggies and dip, sliced fruit, cheese and crackers and popcorn bar with various toppings such as cheddar cheese powder, cinnamon & sugar, sprinkles, chocolate sauce and more. New Year's Eve wouldn't be complete without a toast at midnight so there will be juice and ginger ale to fill the glasses. Party favors will be provided to include party hats, noisemakers and balloons. Other activities are planned throughout the night so be sure to sign your children up by Arnold Lakeside Center Dec. 28. There will be a \$5

704th Services Division hours of operation:

Arnold Lakeside Center – Special function luncheons available. Call 454-3350 for arrangements. Catering/Management offices Tuesday-Friday 10 a.m.-3 p.m.; Dinner Arnold Express Menu or Hap's Pizza only Thursday 5-9 p.m., dinner or Arnold Express Menus and Hap's Pizza Friday and Saturday 5-9 p.m.; Main Bar Thursday 4:30-8:30 p.m., Friday and Saturday 4:30-9 p.m.; Social Hour Friday 4-6 p.m. Closed Dec. 22-30

Family Member/Youth Programs - Youth Open Rec Tuesday and Thursday 4-7 p.m., Wednesday 1-6 p.m., Friday 4-9 p.m., Saturday 12-5 p.m.; Mommy and Me Playgroup Thursday 9-11 a.m. Open 12-4 p.m. Dec. 24; Closed Dec. 25; Open 12-4 p.m. Dec. 26

Outdoor Rec / Arts & Crafts - Main Office, Check In, Marina and Auto Shop Tuesday through Sunday 8 a.m. - 6 p.m.; FamCamp Store Tuesday through Friday 3-5 p.m., Saturday and Sunday 8-11 a.m., 2-5 p.m. Closed Dec. 25 and 26

Fitness Center – Monday-Friday 5 a.m.-9 p.m.; Saturday 8 a.m.-4 p.m.; Sunday 12-5 p.m. Open 5 a.m. - 6 p.m. Dec. 24; Closed Dec. 25; Open 8 a.m. - 4 p.m. Dec. 28 through Jan. 1. Note: no classes will be held during holiday hours

Arnold Golf Course - Pro Shop and Driving Range daily 8 a.m.- 5 p.m.. Mulligan's Grill: daily 7 a.m. - 2 p.m. Pro Shop open 8 a.m. - 3 p.m. Dec. 24; Closed Dec. 25

Recycling - Monday through Friday 7 a.m. - 4 p.m.

Wingo Inn - Monday through Friday 7 a.m. - 6 p.m., Saturday and Sunday 8 a.m. - 4 p.m.

Barber Shop: by appointment – Monday, Wednesday & Friday 8 a.m.-2 p.m.; Thursday 8 a.m.-noon

Outdoor Rec (ODR) 454-6084

Stampede starting Dec. 1. Adult tickets will be \$40.75 (\$46.29 at the gate) and children age 4-11 tickets will be \$22.75 (\$24.24 at the gate).

long sleeved shirts and long pants. This event was moved from the second Saturday due to a hunting available for rent for ofdate conflict.

personnel must be made through the Outdoor Recreation Program. This in-**New Prices for Dixie** cludes the two pavilions at Gossick Leadership Center Beach, the Arnold Lakeside Beach and two in the Crockett Cove area. Rental fee is \$25 per day and a deposit is required. Res-Paintball set for Dec. ervations may be made **19**. Ages 10 and older are up to 30 days in advance invited to play. Meet at at Outdoor Rec (building Outdoor Rec at 9:30 a.m. 3055, previously known Cost is \$20 and includes as Community Activities lunch. Remember to wear Center) or by calling 454-

Corn Hole is now fice functions and private events. Four sets are avail-Reservations for pa- able to accommodate larg-

vilion usage by authorized er groups. Cost is \$10 per day or \$15 for two days. Rental reservations may be made through Outdoor Recreation (building 3055, previously known as Community Activities Center) or by calling 454-6084.

Reservation policy:

\$50 refundable cleaning FamCamp and Crockett Cove reservations may be made 45 days in advance for active duty military and reserve components and 30 days in advance for all other eligible patrons. Marina reservations may be made 15 days in advance for active duty and reserve components and 10 days for all other eligible patrons. Reservations are made through Outdoor Rec, 454-6084.





To purchase classified space in the High Mach, contact Beth Ramsey at The Saturday Independent at (931) 728-9040 or by e-mail at bethindependent@bellsouth.net

FOR RENT

Duplexes in Manchester. or 841-0252. Private parking and all appliances. \$599/month and \$500 deposit. 2 units available. NO PETS.

931-570-0200

Houses & Duplex! 2, 3, &4 BR's \$420-\$875 month, possible owner financing. Ron Mayes, owner/agent. Christine Fisher Realtors. 931-728-7286 or 580-2240

2BA in Blue Lake Villas in Tullahoma. Just renovated. Good location and view. \$720 mo. 931-434-4680

FOR RENT: Cute one-BR/ one BA home, Hwy 55 between Manchester and Summitville. Extra room for office or small second BR. Refrigerator, range, microwave, W/D hook-up, walk-in closets. Immaculate inside and out. No smoking or pets. \$450/ month. Deposit and refer- + 30 acres. 5805 Summit- stricted neighborhood. No ences required. 931-728-5899 or 931-273-7153.

Room For Rent: Centrally located in Manchester, TN. All utilities included. \$450/month. Please call 931-723-7239 for details.

HOUSE FOR RENT 2 Story, 5 bdrm, 4 bathroom house in Manchester. Carport, 2 fireplaces, large backyard in quiet neighborhood. Great for large family. Pets TBD. \$1000 p/m, \$1000 dep., credit check, available 7/15/09. Please call 917-412-4661 for details.

For Rent, Lease or Sale 2br, 1.5ba, 1022 sq.ft. Stove and Refrigerator. 25x35 shop. References required. 3 miles out of the city. View

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- restricted neighborhood. No smokin. Prefer no pets (will consider) \$1,000/mo One year contract (will consider less). One month rent as deposit. Call Dennis Winnett – 931-409-7495.

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